



## PRACTICE SET

End Semester Examination, Dec 2025

**Program: Bachelor of Physiotherapy (BPT)**  
**Semester: V**  
**Course: Rehabilitation and Professional Ethics**  
**Course code: 23A701**

### Course outcome

<b>CO1</b>	Understand the concepts of determinants of health, well-being, disease prevention and Control and summarizing about epidemiology, different levels of public health administration and health programs in India.
<b>CO2</b>	Describe the role of various voluntary organizations, NGOs in community health
<b>CO3</b>	Describe conceptual framework of rehabilitation with emphasis on roles of rehabilitation team members and community-based rehabilitation & outreach Programme to rehabilitate persons with disabilities living in rural areas
<b>CO4</b>	Analyze about architectural barrier and possible modifications with reference to Common disabling conditions and activities of daily living.
<b>CO5</b>	Compare and contrast the concept of professionalism and code of professional ethics and describe the salient features of national and international code of ethics related to health sciences as well as discuss the legal frame work of Physiotherapy practice.

### SECTION A – Short Answer Questions

(5 Marks X 20=100)

1. Define rehabilitation and explain its importance. [Unit 1][ CO1][LOT][REMEMBER]
2. Explain the difference between impairment, disability, and handicap. [Unit 1] [CO1] [LOT][UNDERSTAND]
3. Write a short note on the history of rehabilitation. [Unit 1][CO1] [LOT] [REMEMBER]
4. Define the principles of rehabilitation. [Unit 1] [CO1] [LOT] [REMEMBER]
5. Write short notes on the phases of disability process. [Unit 1] [CO1] [LOT] [REMEMBER]
6. Explain the concept of a team approach in rehabilitation. [Unit 2] [CO3] [LOT] [UNDERSTAND]
7. Explain the roles of different team members in rehabilitation. [Unit 2][CO3] [LOT][UNDERSTAND]

8. Write short note on organization of rehabilitation unit. [Unit 2][CO3] [LOT] [REMEMBER]
9. Define disability prevention and its levels. [Unit 2][CO3] [LOT] [REMEMBER]
10. What is the role of physiotherapy in preventive rehabilitation? [Unit 2] [CO3] [LOT][UNDERSTAND]
11. Define and explain community-based rehabilitation (CBR). [Unit 2][CO3] [REMEMBER]
12. What are the objectives of CBR? [Unit 2] [CO3] [LOT] [REMEMBER]
13. Explain the role of physiotherapy in CBR. [Unit 2][CO3] [LOT] [UNDERSTAND]
14. List the voluntary organizations working in the field of disability prevention. [Unit 3][CO2] [LOT] [REMEMBER]
15. Write a note on WHO and its role in health. [Unit 3][CO2] [LOT] [UNDERSTAND]
16. Write a short note on the Red Cross and its functions. [Unit 4][CO2] [LOT] [REMEMBER]
17. Explain the importance of ethics in physiotherapy practice. [Unit 5][CO5] [LOT][UNDERSTAND]
18. Define medico-legal implications in physiotherapy. [Unit 5][CO5] [LOT] [REMEMBER]
19. Write a short note on the Indian Association of Physiotherapists (IAP). [Unit 5][CO5] [REMEMBER] [LOT]
20. Define evidence-based practice in physiotherapy. [Unit 6][CO5] [LOT] [REMEMBER]

## **SECTION B**

**(10 Marks X 10 =100)**

21. Explain the epidemiology of disability and its classification. [Unit 1] [CO1] [LOT] [UNDERSTAND]
22. Discuss the principles and objectives of rehabilitation. [Unit 1] [CO1] [LOT] [UNDERSTAND]
23. Describe the organization and functions of a rehabilitation unit. [Unit 1] [CO3] [LOT] [UNDERSTAND]
24. Explain in detail the role of physiotherapy in different phases of rehabilitation. [Unit 1] [CO3] [LOT] [UNDERSTAND]
25. Describe community-based rehabilitation with reference to rural and urban areas. [Unit 2] [CO3] [LOT] [APPLY]
26. Discuss the role of physiotherapy in disability prevention and management. [Unit 3][CO3] [HOT][CREATE]
27. Design a collaborative rehabilitation program that integrates the roles of various voluntary organizations to support disabled persons. Justify how this program can enhance social inclusion and long-term functional recovery.[Unit 3][CO2][HOT][CREATE]
28. Develop a coordinated international health initiative that combines the functions and objectives of WHO, UNICEF, and UNDP to strengthen health and rehabilitation systems in developing countries. Explain your strategy for effective implementation. [Unit 2][CO2][HOT][CREATE]
29. Formulate a professional code of conduct and ethical guideline framework for physiotherapists, addressing both ethical and legal responsibilities in clinical practice. Justify how your framework ensures patient safety and professional integrity.[Unit 5][CO5][HOT][CREATE]
30. Design an evidence-based physiotherapy treatment protocol for a specific patient condition, integrating current research findings, clinical expertise, and patient preferences. Explain how your

proposed approach can enhance the quality and effectiveness of patient care.[Unit 5] [CO5] [HOT] [CREATE]

31. Examine the impact of socio-economic and cultural factors on the rehabilitation process and outcomes.[Unit 1] [CO1] [HOT] [ANALYZE]

32. Discuss the various government schemes and policies in India that promote rehabilitation and inclusion of persons with disabilities.[Unit 2] [CO2] [LOT] [UNDERSTAND]

33. Evaluate the effectiveness of community-based rehabilitation (CBR) programs implemented in rural settings, citing examples from India.

[Unit 2] [CO3] [HOT] [EVALUATE]

34. Analyze the ethical challenges faced by physiotherapists in clinical decision-making and propose suitable solutions.[Unit 5] [CO5] [HOT] [ANALYZE]

35. Explain how evidence-based physiotherapy enhances the quality, safety, and accountability of patient care.[Unit 6] [CO5] [LOT] [UNDERSTAND]

## **SECTION C**

**(20 Marks X 10=200)**

36. Formulate a comprehensive rehabilitation model that integrates its definition, historical evolution, guiding principles, and the concept of a team approach. Illustrate how your model can be applied to enhance holistic patient care.[HOT] [Unit 1] [CO1] [CREATE]

37. Design a multidisciplinary rehabilitation service model that clearly defines the organization structure and specific roles of each team member. Justify how your proposed model can improve coordination, efficiency, and patient outcomes in rehabilitation care.[HOT] [Unit 1] [CO1] [CREATE]

38. Design an integrated rehabilitation framework that incorporates the phases of the disability process and the core principles of rehabilitation management. Explain how your model can enhance patient recovery and functional reintegration.[HOT] [Unit 1] [CO1] [CREATE]

39. Develop a comprehensive community-based rehabilitation (CBR) model outlining its aims, key strategies, and the physiotherapist's role in promoting inclusive community participation and functional independence. Justify your model with innovative approaches for effective implementation.[HOT] [Unit 2] [CO3] [CREATE]

40. Design a collaborative health program or initiative that integrates the functions and objectives of voluntary organizations and international agencies such as WHO, UNICEF, UNDP, FAO, ILO, and the Red Cross. Explain how your proposed program can address a global or community health challenge effectively.[HOT] [Unit 3] [CO2] [CREATE]

41. Develop a comprehensive physiotherapy intervention plan that integrates strategies for prevention, treatment, and restoration across different phases of rehabilitation. Justify how your approach promotes holistic recovery and functional independence.[HOT] [Unit 1] [CO3] [CREATE]

42. Critically evaluate how architectural barriers impact accessibility and inclusivity in public spaces. Support your answer with a real-life example.[HOT] [Unit 5][CO5][EVALUATE]

43. Analyze the organizational structure, constitution, and functional roles of the Indian Association of Physiotherapists (IAP) and the World Confederation for Physical Therapy (WCPT), highlighting how their frameworks contribute to the professional development and regulation of physiotherapy practice.[HOT] [Unit 5] [CO5] [ANALYZE]

44. Analyze the concept of evidence-based practice in physiotherapy by breaking down its definition, process, and advantages. Explain how each component contributes to effective clinical decision-making.[HOT] [Unit 6] [CO5] [ANALYZE]

45. Design a comprehensive physiotherapy management and administrative plan suitable for hospital setups, private clinics, and community-based services. Justify your approach with innovative strategies for effective implementation.[HOT] [Unit 6] [CO5] [CREATE]

### **SUMMARY SHEET**

#### **Course Outcome Wise**

<b>CO</b>	<b>Question</b>	<b>Marks</b>
<b>CO1</b>	<b>1-5,21-22,31</b>	<b>115</b>
<b>CO2</b>	<b>14-16,27,28,32</b>	<b>65</b>
<b>CO3</b>	<b>6-13,23-26,33</b>	<b>110</b>
<b>CO4</b>	<b>37</b>	<b>20</b>
<b>CO5</b>	<b>17-20,29,30,34,35,38-40</b>	<b>120</b>
	<b>TOTAL</b>	<b>490</b>

### Unit Wise

	Question	Marks
Unit1	1-5,21-24,31,36	105
Unit2	6-13,25,28,32,33	120
Unit3	14,15,26,27	50
Unit4	16	5
Unit5	17,18,19,30,34,37,38	90
Unit6	20,35,39-40	55
	<b>TOTAL</b>	<b>490</b>

### Bloom Taxonomy Wise

	Question	Marks
BTLOT	1-25,28,29,32,35	210
BTLHOT	26,27,30,31,33,34,36-40	280
	<b>TOTAL</b>	<b>490</b>

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**Disclaimer:** - This is a Practice Set. The Question in End term examination will differ from the Practice set. This Practice set is meant for practice only.